

Save the Date!

IN COLLABORATION WITH



عيادة اضطرابات النوم
Sleep Disorders Specialized Clinic



18 - 19 January 2025 Radisson Blu, Abu Dhabi, United Arab Emirates



EMIRATES SLEEP MEDICINE CONFERENCE 2025

WELCOME MESSAGE

Dear Colleagues,

It is our great pleasure to invite you to attend the **Emirates Sleep Medicine Conference 2025** on **18 -19 January 2025** at Radisson Blu, Abu Dhabi, United Arab Emirates.

This 2-day event will cover discussions on how to assess condition, customize a treatment plan for individual needs and offers comprehensive details for various sleep disorders. Sleep disorders are problems associated with sleeping, including insomnia, sleep apnea, hypersomnolence, and circadian rhythm disorders.

A sleep disorder can affect the overall health, safety and quality of life. Sleep deprivation can affect the ability to act safely and increase your risk of other health problems. In this conference, we will tackle each and every causes of sleep disorders and the recent available treatments and therapies in the field of Sleep Medicine.



Dr. Mohammed Al Houqani
Conference Chairman
Consultant Respirologist,
Sleep Disorders Specialized Clinic
Associate Professor, UAE University
Al Ain, United Arab Emirates



Dr. Hady Jerdak
Conference Co-Chairman
Chief Executive Officer
Specialist Internal Medicine,
Pulmonary Diseases & Sleep Disorders
Harley Street Medical Center
Abu Dhabi, United Arab Emirates

REGISTRATION

Non Physician
900 AED

[Click here to Register](#)

Physician
1,200 AED

[Click here to Register](#)

All prices are 5% VAT exclusive

For more information, please contact:
Leen Alcharfli - Event Coordinator
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Speakers



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Al Ain, UAE



Dr. Hady Jerdak
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Chief Executive Officer
Specialist Internal Medicine,
Pulmonary Diseases & Sleep Disorders
Harley Street Medical Center
Abu Dhabi, UAE



Dr. Ahit Mathew Sam
Fourth-Year Medical Student
Gulf Medical University,
Ajman, UAE



Dr. Amr Obeidat
CCSH, RST, RPSGT
International Clinical Application
Specialist - Neurophysiology
Compumedics Limited, Australia



Dr. Fatima Al Ahbabi
Pediatric Pulmonologist
Tawam Hospital
Al Ain, UAE



Dr. Kurt Schlemmer
Staff Physician,
Cleveland Clinic
Abu Dhabi, UAE



Dr. Leen Khater
Final Year Medical Student
Ras Al-Khaimah, UAE



Dr. Lubna Alhourani
Consultant Physician
Sleep Medicine
Cleveland Clinic Abu Dhabi, UAE



Dr. Mohammed Said Ali Al Harrasi
Consultant Respiriologist,
Sleep Disorders
Specialized Clinic
Associate Professor, UAE University
Al Ain, UAE



Dr. Mohammed Harris
Consultant Pulmonologist
Medcare Hospital
Sharjah, UAE



Dr. Muna Mohammed A. Maarafiya
Senior Consultant, Pediatric Pulmonology
Medical Director of Sleep Medicine
Doha, Qatar



Dr. Murali Pandurangan
MD, FRCA, EDIC
Consultant Anesthetist
Abu Dhabi, UAE



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Speakers



Dr. Nazia Uzma
Ex-Associate Professor, Physiology
Deccan College of Medical Sciences,
Telangana, India



Rafeek Kandy
Lead Sleep Therapist
Cleveland Clinic
Abu Dhabi, UAE



Dr. Raziya Adam Kadwa
Consultant Pediatric Neurologist
NMC Royal Hospital,
Abu Dhabi, UAE



Dr. Rizwana Popatia
Paediatric Pulmonologist
Al Jalila Children's Specialty Hospital
Dubai, UAE



Dr. Said Salim Al Kaabi
Consultant Psychiatrist and
Sleep Medicine Specialist
Al Masarra Hospital
Muscat, Oman



Dr. Samir Hassan Naik
Consultant and Head of Pulmonology
King's College Hospital London, Dubai
MRCP (UK), CCST Respiratory Medicine, FRCP
(London), Adjunct Clinical Assistant
Professor at MBRU University of Medicine
and Health Sciences (MBRU), and Gulf
Medical University (GMU)
General Secretary and Board Member of the
Emirates Thoracic Society



Dr. Sumit Gupta
Specialist Orthodontist
Armada Medical Centre
Dubai, UAE



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Scientific Agenda

Day 1 : January 18, 2025 - Saturday

- 8:00 Registration
- 9:00 Opening Remarks
Dr. Hady Jerdak
- 9:05 Chairman Welcome Address
Dr. Mohammed Al Houqani

Session I : Sleep Apnea

- 9:10 OSA Diagnosis and Management
Dr. Mohammed Al Houqani
- 9:30 Central Sleep Apnea Syndrome Presentation (CSA)
Dr. Mohammed Said Ali Al Harrasi
- 9:50 An Update on Sleep Disorders in Women
Dr. Mohammed Harris
- 10:10 Understanding Idiopathic Hypersomnia (IH) and Future Directions in Treatment
Dr. Said Salim Al Kaabi
- 10:30 Optimizing Cardio-Respiratory Risk by Preoperative Use of CPAP for Obese Surgical Patients
Dr. Murali Pandurangan
- 10:50 Panel Discussion
- 11:00 Coffee Break

Session II : Pediatric Sleep Medicine

- 11:15 Advance in Sleep Related Disorder in Pediatric
Dr. Muna Mohammed A. Maarafiya
- 11:35 Management of Sleep Disorders in Children with Neuro Developmental Disorders
Dr. Rizwana Popatia
- 11:55 Peds Behaviour Sleep Disorders
Dr. Raziya Adam Kadwa
- 12:15 Pediatric Insomnias
Dr. Rizwana Popatia
- 12:35 Congenital Central hypoventilation syndrome
Dr. Fatima Al Ahabbi
- 12:55 Panel Discussion
- 13:05 Lunch Break

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Scientific Agenda

Day 1 : January 18, 2025 - Saturday

Workshop I : Clinical Sleep Science and Practice

- | | |
|-------|---|
| 14:05 | Home NIV
<i>Dr. Mohammed Al Houqani</i> |
| 15:05 | Going Beyond Routine PSG Analysis: Cases Studies
<i>Dr. Amr Obeidat</i> |
| 16:05 | How to Help Improve PAP Adherence
<i>Dr. Lubna Alhourani</i> |
| 17:05 | Mastering Manual Titration Skills in Sleep Lab
<i>Rafeek Kandy</i> |
| 18:05 | End of Day 1 |

Day 2 : January 19, 2025 - Sunday

8:30 Registration

Session III : Non-CPAP Therapies

- | | |
|-------|--|
| 9:00 | GLP-1 treatment for OSA
<i>Dr. Hady Jerdak</i> |
| 9:20 | The Dentist's Role in Diagnosing and Managing Sleep-Related Breathing Disorders
<i>Dr. Sumit Gupta</i> |
| 9:40 | Importance of Positional Sleep Apnoea
<i>Dr. Samir Hassan Naik</i> |
| 10:00 | Surgery for Obstructive Sleep Apnoea in Children
<i>Dr. Kurt Schlemmer</i> |
| 10:20 | Panel Discussion |
| 10:30 | Coffee Break |

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Scientific Agenda

Day 2 : January 19, 2025 - Sunday

Session IV : Research and Innovation

- | | |
|-------|---|
| 10:45 | Prevalence of OSA in the UAE
<i>Dr. Lubna Alhourani</i> |
| 11:05 | Obstructive Sleep Apnea as a Hidden Cause of Uncontrolled HTN
<i>Dr. Leen Khater</i> |
| 11:25 | Comprehensive Analysis and Algorithm Development for OSA Management
<i>Dr. Nazia Uzma</i> |
| 11:45 | Does BANG Matter in STOPBANG in OSA Screening?
<i>Dr. Ahit Mathew Sam</i> |
| 12:05 | Question and Answer |
| 12:15 | Closing Remarks
<i>Dr. Mohammed Al Houqani & Dr. Hady Jerdak</i> |
| 12:25 | Lunch Break |

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