Save the Date!







🛗 18 - 19 January 2025 🔍 Radisson Blu, Abu Dhabi, United Arab Emirates



EMIRATES SLEEP MEDICINE **CONFERENCE 2025**



WELCOME MESSAGE

Dear Colleagues,

It is our great pleasure to invite you to attend the Emirates Sleep Medicine Conference 2025 on 18-19 January 2025 at Radisson Blu, Abu Dhabi, United Arab Emirates.

This 2-day event will cover discussions on how to assess condition, customize a treatment plan for individual needs and offers comprehensive details for various sleep disorders. Sleep disorders are problems associated with sleeping, including insomnia, sleep apnea, hypersomnolence, and circadian rhythm disorders.

A sleep disorder can affect the overall health, safety and quality of life. Sleep deprivation can affect the ability to act safely and increase your risk of other health problems. In this conference, we will tackle each and every causes of sleep disorders and the recent available treatments and therapies in the field of Sleep Medicine.



Dr. Mohammed Al Hougani **Conference Chairman** Consultant Respirologist, Sleep Disorders Specialized Clinic Associate Professor, UAE University Al Ain, United Arab Emirates



Dr. Hady Jerdak Conference Co-Chairman Chief Executive Officer Specialist Internal Medicine, Pulmonary Diseases & Sleep Disorders Harley Street Medical Center Abu Dhabi, United Arab Emirates

REGISTRATION

Non Physician 900 AED

Click here to Register

Physician 1,200 AED

Click here to Register

All prices are 5% VAT exclusive











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Speakers



Dr. Mohammed Al Hougani Conference Chairman Consultant Respirologist, Sleep Disorders Specialized Clinic Associate Professor, UAE University Al Ain, UAE



Dr. Hady Jerdak Conference Co-Chairman Chief Executive Officer Specialist Internal Medicine. Pulmonary Diseases & Sleep Disorders Harley Street Medical Center Abu Dhabi, UAE



Dr. Ahit Mathew Sam Fourth-Year Medical Student Gulf Medical University, Ajman, UAE



Dr. Amr Obeidat CCSH, RST, RPSGT International Clinical Application Specialist - Neurophysiology Compumedics Limited, Australia



Dr. Fatima Al Ahbabi Pediatric Pulmonologist Tawam Hospital Al Ain, UAE



Dr. Kurt Schlemmer Staff Physician, Cleveland Clinic Abu Dhabi, UAE



Dr. Leen Khater Final Year Medical Student Ras Al-Khaimah, UAE



Dr. Lubna Alhourani Consultant Physician Sleep Medicine Cleveland Clinic Abu Dhabi, UAE



Dr. Mohammed Said Ali Al Harrasi Consultant Respirologist, Sleep Disorders Specialized Clinic Associate Professor, UAE University Al Ain, UAE



Dr. Mohammed Harris Consultant Pulmonologist Medcare Hospital Sharjah, UAE



Dr. Muna Mohammed A. Maarafiya Senior Consultant, Pediatric Pulmonology Medical Director of Sleep Medicine Doha, Qatar



Dr. Murali Pandurangan MD, FRCA, EDIC **Consultant Anesthetist** Abu Dhabi, UAE



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Speakers



Dr. Nazia Uzma Ex-Associate Professor, Physiology Deccan College of Medical Sciences, Telangana, India



Rafeek Kandy Lead Sleep Therapist Cleveland Clinic Abu Dhabi, UAE



Dr. Raziya Adam Kadwa Consultant Pediatric Neurologist NMC Royal Hospital, Abu Dhabi, UAE



Dr. Rizwana Popatia Paediatric Pulmonologist Al Jalila Children's Specialty Hospital Dubai, UAE



Dr. Said Salim Al Kaabi Consultant Psychiatrist and Sleep Medicine Specialist Al Masarra Hospital Muscat, Oman



Dr. Samir Hassan Naik Consultant and Head of Pulmonology King's College Hospital London, Dubai MRCP (UK), CCST Respiratory Medicine, FRCP (London), Adjunct Clinical Assistant Professor at MBRU University of Medicine and Health Sciences (MBRU), and Gulf Medical University (GMU) General Secretary and Board Member of the **Emirates Thoracic Society**



Dr. Sumit Gupta Specialist Orthodontist Armada Medical Centre Dubai, UAE





Scientific Agenda

Day 1: January 18, 2025 - Saturday

8:00	Registration
9:00	Opening Remarks Dr. Hady Jerdak
9:05	Chairman Welcome Address Dr. Mohammed Al Hougani

Session I: Sleep Apnea

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	9:10	OSA Diagnosis and Management Dr. Mohammed Al Houqani
	9:30	Central Sleep Apnea Syndrome Presentation (CSA) Dr. Mohammed Said Ali Al Harrasi
	9:50	An Update on Sleep Disorders in Women Dr. Mohammed Harris
	10:10	Understanding Idiopathic Hypersomnia (IH) and Future Directions in Treatment Dr. Said Salim Al Kaabi
	10:30	Optimizing Cardio-Respiratory Risk by Preoperative Use of CPAP for Obese Surgical Patients Dr. Murali Pandurangan
	10:50	Panel Discussion
	11:00	Coffee Break

Session II : Pediatric Sleep Medicine

11:15	Advance in Sleep Related Disorder in Pediatric Dr. Muna Mohammed A. Maarafiya
11:35	Management of Sleep Disorders in Children with Neuro Developmental Disorders Dr. Rizwana Popatia
11:55	Peds Behaviour Sleep Disorders Dr. Raziya Adam Kadwa
12:15	Pediatric Insomnias Dr. Rizwana Popatia
12:35	Congenital Central hypoventilation syndrome Dr. Fatima Al Ahbabi
12:55	Panel Discussion
13:05	Lunch Break

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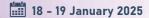














Scientific Agenda

Day 1: January 18, 2025 - Saturday

Workshop I: Clinical Sleep Science and Practice

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	14:05	Home NIV Dr. Mohammed Al Hougani
	15:05	Going Beyond Routine PSG Analysis: Cases Studies Dr. Amr Obeidat
	16:05	How to Help Improve PAP Adherence Dr. Lubna Alhourani
	17:05	Mastering Manual Titration Skills in Sleep Lab Rafeek Kandy
	18:05	End of Day 1

Day 2 : January 19, 2025 - Sunday

Registration 8:30

	Session III: Non-CPAP Therapies
9:00	GLP-1 treatment for OSA

9:00	GLP-1 treatment for OSA Dr. Hady Jerdak
9:20	The Dentist's Role in Diagnosing and Managing Sleep-Related Breathing Disorders Dr. Sumit Gupta
9:40	Importance of Positional Sleep Apnoea Dr. Samir Hassan Naik
10:00	Surgery for Obstructive Sleep Apnoea in Children Dr. Kurt Schlemmer
10:20	Panel Discussion
10:30	Coffee Break

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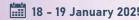












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Scientific Agenda

Day 2 : January 19, 2025 - Sunday

Session IV: Research and Innovation

10:45	Prevalence of OSA in the UAE Dr. Lubna Alhourani
11:05	Obstructive Sleep Apnea as a Hidden Cause of Uncontrolled HTN Dr. Leen Khater
11:25	Comprehensive Analysis and Algorithm Development for OSA Management Dr. Nazia Uzma
11:45	Does BANG Matter in STOPBANG in OSA Screening? Dr. Ahit Mathew Sam
12:05	Question and Answer
12:15	Closing Remarks Dr. Mohammed Al Houqani & Dr. Hady Jerdak
12:25	Lunch Break

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